

**BACHELOR OF PHYSIOTHERAPY  
EIGHTH SEMESTER (SPECIAL REPEAT)  
PREVENTIVE & COMMUNITY PHYSIOTHERAPY  
BPT-803**

(Use separate answer scripts for Objective & Descriptive)

Duration : 3 hrs.

Full Marks : 70

( PART-A: Objective )

Time : 20 min.

Marks : 20

*Choose the correct answer from the following:*

*1 × 20 = 20*

1. Habilitation refers to the process of
  - a. Attaining skills and functioning for daily living
  - b. Regaining skills and functioning for daily living
  - c. Restoring skills and functioning for daily living
  - d. None of the above
2. The recommended window sill height is
  - a. 26"
  - b. 28"
  - c. 36"
  - d. 38"
3. A unique concept of WHO, to provide universal coverage of rehabilitation to all segments of society?
  - a. Occupational Rehabilitation
  - b. Medical Rehabilitation
  - c. Institutional based Rehabilitation
  - d. Community based Rehabilitation
4. What is the best quality of a good counsellor?
  - a. A good listener
  - b. A good speaker
  - c. A good teacher
  - d. A good advocate
5. Self Help Groups are
  - a. Group of men and women who work together for the purpose of solving their problems
  - b. Group of women who work together for the purpose of solving their problems
  - c. Group of men who work together for the purpose of solving their problems
  - d. None of the above
6. The examples of primordial prevention are
  - a. Food and nutrition
  - b. Lifestyle modification
  - c. Promote regular physical activity
  - d. All of the above
7. The specific protection in primary prevention includes all except one
  - a. Immunization
  - b. Environmental modification
  - c. Safety of drugs and food
  - d. Control of environmental hazards
8. Population strategy mainly targets
  - a. Whole population
  - b. Whole population of PWDs
  - c. Individuals who are at high risk
  - d. Special individual groups

9. Monitoring mainly focuses on
  - a. Incorporation of procedures to be followed
  - b. The final outcome carried out
  - c. The daily activities carried out
  - d. None of the above
10. The parking spot for PWDs should be
  - a. Easily noticeable
  - b. Near to the place of visit
  - c. Free from all barrier
  - d. All of the above
11. Ambidexterity means an individual is
  - a. Equally proficient with both hands
  - b. Proficient with the right hand
  - c. Proficient with the left hand
  - d. None of the above
12. Gross motor function of hand are
  - a. Pinch, precision
  - b. Grip, grasp
  - c. Grip, precision
  - d. Pinch, grasp
13. Social workers mainly provide services to
  - a. Women and children
  - b. Disabled individuals
  - c. Aged individuals
  - d. All of the above
14. According to ILO 1985, one of the requirements is that a disabled person
  - a. Should not be a danger to himself
  - b. Should not be a danger to others
  - c. Should not be a danger to himself and others
  - d. Should be mainly concerned about oneself
15. Wheelchair users can easily assess a ramp without any assistance if
  - a. Inclination is less than 8 degrees
  - b. Inclination is more than 8 degrees
  - c. Inclination is exactly 8 degrees
  - d. None of the above
16. Primary prevention mainly promotes and improves
  - a. Health
  - b. Quality of life
  - c. Health and quality of life
  - d. None of the above
17. CAHD has the following functions
  - a. Restoration of impaired capacity
  - b. Prevention of social dysfunction
  - c. A and B
  - d. None of the above
18. In the ICF, disability is the neutral word encompassing all but one of the following states of function
  - a. Handicap
  - b. Impairment
  - c. Limitation
  - d. Restriction
19. Which level is the most common site of spinal cord injury (SCI) in an elderly patient?
  - a. Lumbosacral
  - b. Lower thoracic
  - c. Upper thoracic
  - d. Cervical
20. What score in the Berg Balance Scale indicates functional balance?
  - a. 58
  - b. 56
  - c. 55
  - d. <45

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( PART-B : Descriptive )

Time : 2 hr. 40 min.

Marks : 50

[ Answer question no.1 & any four (4) from the rest ]

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| 1. a) Write a note on the goals of Persons with Disability Act (1995).                                 | 10      |
| b) Difference between impairment and handicap with examples.   |         |
| 2. a) Write the difference between IBR and CBR.  | 10      |
| b) Write the difference between anganwadi workers and ASHA workers.                                    |         |
| 3. a) Write a note on the need of rehabilitation in the community.                                     | 10      |
| b) The role of a social health worker.   |         |
| 4. a) What are the furniture modifications for a disabled individual?                                  | 10      |
| b) What are the assistive equipment and their use for person with visual impairment?                   |         |
| 5. Briefly explain the planning and implementation required for the prevention at the community level. | 10      |
| 6. Explain ICF and its importance.   | 10      |
| 7. a) Role of village rehabilitation worker in CBR.  | 10      |
| b) Role of physiotherapist in CBR.   |         |
| 8. a) Define CBR. Describe various approaches in CBR.  | 5+5=10- |
| b) Regional Training Centre.   |         |

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