

MA EDUCATION
THIRD SEMESTER [SPECIAL REPEAT]
LIFE SKILL EDUCATION
MAE – 306 [MDC]

**SET
A**

[USE OMR SHEET FOR OBJECTIVE PART]

Duration: 3 hrs.

Full Marks: 70

Time: 30 mins.

(Objective)

Marks: 20

$1 \times 20 = 20$

Choose the correct answer from the following:

1. Which of the following is not a source of career information?
 - a. Job fair
 - b. Career magazine
 - c. Bio data
 - d. All of these
2. A good career counselor is a-
 - a. Problem solver
 - b. A keen listener
 - c. Has scientific knowledge of various filed to guide you in your career decisions
 - d. All of the above
3.is the ability to imagine what life is like for another person, even in a situation that we may not be familiar with.
 - a. Empathy
 - b. Interpersonal skills
 - c. Critical thinking
 - d. Creative thinking
4. Which skill is related to interpersonal skills?
 - a. Social skills
 - b. Critical thinking skills
 - c. Stress management skills
 - d. Self-awareness skills
5.means involving recognizing emotions within us and others, being aware of how emotions influence behavior and being able to respond to emotions appropriately.
 - a. Coping with stress
 - b. Coping with emotions
 - c. Decision making
 - d. All of these
6. CV Stands for?
 - a. Curriculum vitae
 - b. Curriculum vita
 - c. Curriculum value
 - d. None of these
7.gives us a better frame work to plan for our future career.
 - a. Career guidance
 - b. Life skill education
 - c. Life skills
 - d. Conflict management
8. Career counseling is Process.
 - a. Life long process
 - b. Short term process
 - c. Long term process
 - d. flexible
9. Life skills education include
 - a. Educational benefits
 - b. Social benefit
 - c. Cultural benefit
 - d. All of these

10. Conflict is defined as opposition or dispute between persons, groups or ideas. Who said this?
 - a. Follett
 - b. WHO
 - c. Joe Kelly
 - d. UNICEF
11. is a term used to describe a set of basic skills acquired through learning.
 - a. Life skills
 - b. Jobs skill
 - c. Personal skills
 - d. All of these
12. Which of the conflict management style would be most often employed where two parties from similar cultures are in conflict?
 - a. Compromising
 - b. Competing
 - c. Ignoring
 - d. Collaboration
13.is getting information, and with that information, you make a goal, and then plan the steps needed to obtain that goal.
 - a. Life skills
 - b. Career planning
 - c. Career selection
 - d. None of these
14. Which of the following is not an option/way of conflict management?
 - a. Ignore the conflict
 - b. Compromising
 - c. Argument
 - d. Mediate through it
15.conflict involves two or more individuals rather than one individual.
 - a. Inter personal
 - b. Cognitive
 - c. Intra personal
 - d. All of these
16. The different methods that can be used to enhance life skills in students is/are
 - a. Class discussion
 - b. Role plays
 - c. Story telling
 - d. All of the above
17. Analyzing the information, thinking creatively, problem solving, and reasoning. Evaluating are the above said skills of.....
 - a. Critical thinking
 - b. Creative thinking
 - c. Problem solving
 - d. Decision making
18. A typical contains a summary of relevant job experience and education
 - a. Grade sheet
 - b. Cumulative record sheet
 - c. Resume
 - d. None of the above
19.are that contribute to dealing successfully with other people.
 - a. Communication skills
 - b. Interpersonal skills
 - c. Creative thinking skills
 - d. None of these
20.is a value added program which aims to provide students with strategies to make healthy choices that contribute to meaningful life.
 - a. Career planning
 - b. Life skill
 - c. Conflict management
 - d. Life skills education

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(Descriptive)

Time : 2 Hr. 30 Mins.

Marks : 50

[Answer question no.1 & any four (4) from the rest]

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| 1. What do you mean by conflict? Discuss the different causes responsible for conflict. | 5+5=10 |
| 2. Define Life skills. Discuss the needs and importance of life skills education. | 3+7=10 |
| 3. Give the proper format of writing a Resume for a job aspirant. | 10 |
| 4. Write short notes on <i>any two</i> :
a) Career guidance centre
b) Cognitive Skill
c) Emotional Skill | 5+5=10 |
| 5. Discuss the various steps for managing conflict. | 10 |
| 6. Explain the life skills as given by WHO. | 10 |
| 7. a) What are the basic goals of life skills education?
b) Discuss briefly about interpersonal skills and give the examples of good interpersonal skills. | 4+6=10 |
| 8. a) Give the meaning of career guidance.
b) Why do we need career guidance service in school level? | 5+5=10 |

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