

**BA PSYCHOLOGY  
FIRST SEMESTER [REPEAT]  
INTRODUCTION TO PSYCHOLOGY  
BPY – 711 [GENERIC ELECTIVE]**

**SET  
A**

**[USE OMR SHEET FOR OBJECTIVE PART]**

Duration: 3 hrs.

Full Marks: 70

Time: 30 mins.

**(Objective)**

Marks: 20

*Choose the correct answer from the following:*

*1 × 20 = 20*

1. Who established the first psychology Laboratory at the University of Leipzig?
  - a. William James
  - b. Wilhelm Wundt
  - c. William McDougall
  - d. N.L. Munn
2. Which of the following is not the goal of psychology?
  - a. Describe behaviour
  - b. Change behaviour
  - c. Predict behaviour
  - d. Study of performance
3. Which one is not the type of thinking?
  - a. Abstract thinking
  - b. Concrete thinking
  - c. Percussive thinking
  - d. Analytical thinking
4. Memory is one of the domains of.....
  - a. Psychology of Bbrain
  - b. Cognitive psychology
  - c. Behavioural psychology
  - d. Experimental psychology
5. Operant conditioning was first described by .....
  - a. Jon Pavlov
  - b. B.F Skinner
  - c. E.L Thorndike
  - d. J. B. Watson
6. Motivation is a ..... phenomena which generates within an individual.
  - a. Psychological
  - b. Philosophical
  - c. Sociological
  - d. Emotional
7. Which one is the tool of thinking?
  - a. Language
  - b. Concept
  - c. Image
  - d. All the above
8. Acoustic encoding includes the processing and encoding of.....
  - a. Auditory stimuli
  - b. Tactile stimuli
  - c. Visual stimuli
  - d. Semantic stimuli
9. The capacity of STM is limited. The capacity is.....
  - a. 7 plus minus
  - b. 6 plus minus
  - c. 8 plus minus
  - d. 6-8 plus minus

10. The memory techniques that help our brain better encode and recall the important information is called.....
- Cramming device
  - Strategic device
  - Mnemonic devices
  - None of the above
11. When someone violates a social rule, those around him or her may experience a sense of discomfort or uneasy is \_\_\_\_\_ form of social norms.
- Dysfunction
  - Deviate
  - Dangerous
  - Distress
12. Mood disorders in which individual(s) experience
- Swings in their emotional states that are much more extreme and prolonged.
  - Extreme unhappiness, lack of energy, and several related symptoms
  - Very wide swings in mood, from deep depression to wild elation.
  - None of the above statements are true
13. Fear of becoming fat.
- Bulimia
  - Anorexia nervosa
  - Obesophobia
  - Muscle dysmorphia
14. 'self-starvation' symptom is associated with
- Bulimia nervosa
  - Anorexia nervosa
  - Fasting
  - Binge Eating
15. Patient talks about his past
- Behaviour Therapy
  - Cognitive Behaviour Therapy
  - Psychodynamic therapy
  - Humanistic therapy
16. According to Roger a therapist should be away from the quality of:
- Genuineness
  - Unconditional positive regard
  - Judgment
  - Empathy
17. In Bulimia Nervosa
- Recurrent inappropriate compensatory behaviour in order to prevent weight gain
  - Self-induced vomiting, excessive use of laxatives, or other attempts to purge the food.
  - Out-of-control eating episodes
  - All of the above
18. Anorexia Nervosa
- Restricting type
  - Binge-eating type
  - None of these are anorexia nervosa types
  - Purging type
19. Mary Cover Jones
- Behaviour Therapy
  - Cognitive Behaviour Therapy
  - Humanistic Therapy
  - Family Therapy
20. Difficulty in reading is
- Dyspraxia
  - Dyslexia
  - Dysgraphia
  - Dyscalculia

**(Descriptive)**

Time : 2 Hr. 30 Mins.

Marks : 50

[ Answer question no.1 & any four (4) from the rest ]

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|---|----------|
| 1. Define Psychology. Discuss in details about the Goal of psychology.  | 2+8=10   |
| 2. Explain in brief the criteria of abnormal behaviour?   | 3+7=10   |
| 3. Differentiate between Biomedical therapy and Psychotherapy.  | 5+5=10   |
| 4. What is learning Disability? Why early identification of the disorder is important?                        | 4+6=10   |
| 5. Define Thinking. Mention about the types of thinking. Discuss in brief about the creative thinking.        | 2+4+4=10 |
| 6. Define memory. Explain about the stage model of memory.  | 2+8=10   |
| 7. Psychology is a scientific study of behavior- explains in short. Discuss about the branches of psychology. | 3+7=10   |
| 8. Explain in brief:  | 5+5=10   |
| a) Steps of Systematic Desensitization  |          |
| b) Types of group therapies   |          |

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