

10. Children who pass through puberty in two years or less are regarded as
 - a. Mediocre maturers
 - b. Slow maturers
 - c. Rapid maturers
 - d. None of the above
11. Adulthood is legally reached at the age ofyrs
 - a. 30 yrs
 - b. 21 yrs
 - c. 18 yrs
 - d. 35 yrs
12. Period is called the reproductive age of human life.
 - a. Adolescent
 - b. Early adulthood
 - c. puberty
 - d. Middle age
13. The term adult comes from Latin word adultus, which means:
 - a. To go to maturity
 - b. Grown to full strength
 - c. Grown to full size
 - d. Grown to full size & strength
14. Early adulthood is the age.
 - a. Growing up age
 - b. Dangerous age
 - c. Settling down age
 - d. Awkward age
15. Some old people have desire for rejuvenation and taking sex hormone drug, which is called
 - a. Evergreen drug
 - b. Youth drug
 - c. Rejuvenate drug
 - d. Age miracle drug
16. The common sign of aging in middle age :
 - a. Skin changes
 - b. Changes in teeth
 - c. Muscle changes
 - d. All the above
17. Decline in Feminine Appearance is the symptom of middle age
 - a. Menopausal symptom
 - b. Empty-nest symptom
 - c. Homesickness symptom
 - d. Virility crises
18. In old age there is a tendency for..... to accumulate in the corners of the eyes.
 - a. Mucous
 - b. Watery particle
 - c. Black moles
 - d. Fate muscles
19. Anxiety about virility is experienced during
 - a. Early adulthood
 - b. Middle age
 - c. Adolescent
 - d. Old age
20. The most common cause of loneliness in old age is.....
 - a. Retirement from job
 - b. Loss of spouse
 - c. Separated from young children
 - d. Loss of friends

-- --- --

(Descriptive)

Time : 2 Hr. 30 Mins.

Marks : 50

[Answer question no.1 & any four (4) from the rest]

1. Give a brief introduction about adolescence. Elucidate the characteristics of the adolescence phase with few examples. 2+8=10
2. Do you think puberty is different from adolescence? If yes, why do you think so? Discuss the bodily changes that happen during the pubertal phase. 2+8=10
3. Describe the various challenges experienced during adolescence with few examples. 10
4. Define Adulthood. State the characteristics of early adulthood. Write in details about four characteristics of Early adulthood. 2+2+6=10
5. State the categories of old age. What is Institutional living for elderly? Explain about the advantages and disadvantages of Institutional living for the elderly. 2+2+6=10
6. Write about the kinds of retirement. Gordon has highlighted some tips of adjustment to retirement- discuss in details. 2+8=10
7. Write short Notes: (any two) 5×2=10
 - a) Categories of stress in middle age
 - b) Middle age is the time of empty Nest-explain
 - c) Changes in sensory functioning in old age
8. What do you mean by Menopausal Syndrome? What is the opposite term of menopausal syndrome? Discuss about the menopausal syndrome. 2+1+7=10

= = *** = =