



8. Community health aims at
- |                                 |                                      |
|---------------------------------|--------------------------------------|
| a. Care of the infants          | b. Care of people                    |
| c. Improvement of health of all | d. Improvement of health of children |
9. Abbreviation of ASHA is
- |  |                                       |
|--|---------------------------------------|
| a. Accredited Social Health Activist   | b. Accredited Society Health Activist |
| c. Accredited Social Health Activities | d. None of the above                  |
10. No standard pattern of community participation can be recommended in community health because-
- |  |   |
|--|---|
| a. Community involvement is not easy to obtain as extensive experience | b. There is wide range of economic and social problems among and within the communities |
| c. People are not aware  | d. People do not want to take participation in community health                         |
11. Methods of health education consists
- |                          |                     |
|--------------------------|---------------------|
| a. Individual Approach   | b. Group Approach   |
| c. General Approach/Mass | d. All of the above |
12. National Mental Health Policy was adopted in
- |         |         |
|---------|---------|
| a. 2005 | b. 2010 |
| c. 2014 | d. 2017 |
13. Sustainable Development Goals has
- |            |             |
|------------|-------------|
| a. 6 Goals | b. 17 Goals |
| c. 8 Goals | d. 12 Goals |
14. Community health
- |   |   |
|---|---|
| a. Focuses on the physical well-being of the people in a specific geographical area                 | b. Focuses on the mental well-being of the people in a specific geographical area |
| c. Focuses on both the physical and mental well-being of the people in a specific geographical area | d. None of the above  |
15. National Rural Health Mission was launched in
- |         |         |
|---------|---------|
| a. 2005 | b. 2002 |
| c. 2001 | d. 2004 |
16. To keep a person healthy, he should be provided
- |                     |                         |
|---------------------|-------------------------|
| a. High energy food | b. Large amount of food |
| c. Balanced diet    | d. Interest and spirit  |

17. A mentally healthy individual has
- a. Independent personality
  - b. Comfortable placing in social hierarchy
  - c. A purposeful life
  - d. All of the above
18. Deficiency of iron leads to
- a. Anemia
  - b. Bone Cancer
  - c. Weakness
  - d. Fatigue
19. Tuberculosis is a
- a. Non-communicable disease
  - b. Communicable disease
  - c. Deadly disease
  - d. All of the above
20. World AIDS Day is celebrated on
- a. 10<sup>th</sup> December
  - b. 2<sup>nd</sup> December
  - c. 8<sup>th</sup> December
  - d. 1<sup>st</sup> December

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**( Descriptive )**

Time : 2 hr. 30 mins.

Marks: 50

[Answer question no.1 & any Four (4) from the rest]

- |   |        |
|---|--------|
| 1. What is Balanced diets? Explain health education.  | 5+5=10 |
| 2. What is Family Planning? What are the different methods used in Family Planning? Also write the importance of Family Planning. | 10     |
| 3. Write short notes on-<br>a) Well-being of an individual<br>b) Sustainable Development Goals                                    | 5+5=10 |
| 4. What do you understand by health and Community Mental Health?  | 5+5=10 |
| 5. Elaborate the various approaches that are being used in promoting health education.  | 10     |
| 6. What are the skills required by the social worker professional in community health settings? Explain in your own words.        | 10     |
| 7. Write the components and main objectives of National Rural Health Mission  | 5+5=10 |
| 8. Explain the various indicators of health.  | 10     |

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